2022 Fall & Winter Schedule

Juan de Fuca Arena
1767 Island Highway

Group D (Start Date: Sept 6, 2022 End Date: March 26, 2023)
Monday (23 sessions)
7:05pm - 7:15pm – Group D Edge Class*
7:15pm - 8:10pm – Group D Freeskate
8:10pm - 8:20pm – Group D Spins *
Tuesday (27 sessions)
5:35pm - 6:00pm - Group D Skills/Dance
6:00pm - 6:10pm – Ice Clean
6:10pm - 7:10pm – Group D Freeskate
7:10pm - 7:20pm - Group D Spins
Thursday (27 sessions)
7:20pm - 7:30pm – Group D Edge class *
7:30pm - 8:20pm – Group D Freeskate
Friday (25 sessions)
5:30pm - 6:20pm – Group D Freeskate
6:30pm - 7:00pm – Group D Off-Ice class*
Saturday (24 sessions)
9:55am - 10:45am – Group D Freeskate
10:45am - 10:55am – Group D Edge class *
Sunday (22 sessions)
3:00pm - 4:00pm – Group D Off-Ice class (Fitness studio)*
5:25pm - 5:50pm - Group D Skills/Dance
5:50pm - 6:00pm – Ice Clean
6:00pm - 6:50pm – Group D Freeskate
6:50pm - 7:00pm – Ice Clean
7:00pm - 7:50pm – Group D Freeskate

*Indicates session is taught by a coach
Last day of skating before holiday break - December 20
Winter Break December 21- January 3
First day back on the ice - January 3